

Address: DoubleTree by Hilton @ Rue Gineste 3, 1210 Bruxelles, Belgium

## Day I – 15<sup>th</sup> November 2022

11:00-12:00	Arrival and Registration
12:00-13:00	Welcome Lunch
13:00-13:15	<b>Official Opening</b> Valentina Strammiello (EPF)
13:15-13:30	<b>Keynote on Self-Management Interventions &amp; Patient Involvement</b> Valeria Ramiconi (European Federation of Allergy and Airways Diseases Patients' Associations)
13:30-14:00	<b>Setting the Scene: Main Achievements of COMPAR-EU</b> Carola Orrego (Avedis Donabedian Research Institute, FAD) Q&A after the sessions guided by Valentina Strammiello (EPF)
14:00-15:15	<b>Social Determinants of Healthcare &amp; Health Literacy</b> Kristine Sørensen (Global Health Literacy Academy), Ivett Jakab (COMPAR-EU Patient Panel) & Monique Heijmans (NIVEL) <i>Discussion guided by Kaisa Immonen (EPF)</i>
15:15-15:45	Coffee Break
15:45-17:00	<b>Self-Management as Part of Shared Care Approach</b> Dr. Mujaheed Shaikh (Professor at Hertie School), Prof. Nick Guldmond (Professor at Sechenov Medical University & Expert Member WHO WG Digital Health) Cristian Andriciu (Romanian Federation of Diabetes Associations) <i>Discussion guided by Monique Heijmans (NIVEL)</i>
17:00-17:15	<b>Wrap-up of Day I</b> Valentina Strammiello (EPF)
17:15-17:30	Group Photo
19:30-21:00	Dinner

Day II – 16<sup>th</sup> November 2022

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| <b>8:45 – 9:15</b> | Arrival and Registration  |
| <b>9:15-9:30</b>   | <b>Welcome Back &amp; Day I Recap</b><br>Valentina Strammiello (EPF)  |
| <b>9:30-10:45</b>  | <b>Self-Management in the Digital Health Era</b><br>Dr. Richard Pratt (General Practitioner & Founder ForMyDoctor),<br>Alessandra Veronese (COMPAR-EU Patient Panel Member),<br>Pablo Alonso (Biomedical Research Institute (IIB Sant Pau)<br><i>Discussion guided by Dr. David Somekh (EHFF)</i> |
| <b>10:45-11:15</b> | Coffee Break  |
| <b>11:15-12:30</b> | <b>The National and Regional Contexts of Self-Management Interventions</b><br>Edgard Eeckman (University Hospital Brussels & VUB),<br>Cristian Andriciuc (Romanian Federation of Diabetes Associations)<br><i>Discussion guided by Oliver Gröne (OptiMedis)</i>                                   |
| <b>12:30-12:50</b> | <b>Self-Management Europe Initiative &amp; Patient Involvement</b><br>Oliver Gröne (OptiMedis), Rosa Suñol (FAD)<br>& Lyudmil Ninov (EPF)   |
| <b>12:50-13:00</b> | <b>Final Advocacy Conference Lessons Learnt</b><br>Valentina Strammiello (EPF)  |
| <b>13:00-14:00</b> | <b>Goodbye Lunch for all Participants</b>   |

