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The Patient Perspective

December 2022



Reflections

Welcome to our December Patient Perspective newsletter!

"What a year!"

We start this month's newsletter with a massive thank-you for being part of EPF's mission to accelerate the meaningful transformation of healthcare. We are grateful to have you by our side in making our shared vision a reality: a Europe where patient organisations are valued partners in creating equitable, person-centred, accessible, and sustainable healthcare systems, based on patients' unique experiences and expertise.

In our upcoming January edition, we take the time to reflect more on 2022 and look forward to one particularly crucial milestone to shape and determine EPF history: we turn 20 in 2023! This big collective achievement will of course be celebrated properly. We keep you posted throughout our entire year of jubilee!

Much to look forward to, that is for sure. For now, we summarise December's key activities. And there is plenty to highlight this month already, so let's get into it.

Our Policy team reviews their main areas of focus for December, with the publication of EPF's **position statement** on the European Health Data Space, accompanied by 19 proposed amendments to the Regulation. Next to this, with the emerging concerns on the availability of medical devices in the EU, in the context of the Medical Devices Regulation, we have issued a **call for action** to ensure patients' access to safe medical devices across the EU. Finally, we have published our analysis of the 2022 cycle of the European Semester, focusing on health-related aspects.

During the last few days of November, EPF joined PharmaLedger's closing **event** in Madrid, bringing the patient's perspective on blockchain enabled healthcare to the table. Three weeks later, our team, and a member of the Gravitare Health User Advisory Group (UAG), travelled to Athens, Greece, for the second interactive **workshop** of the Gravitare Health project.

This was the month we went live with two new **podcasts**! Do you follow the EU Patient's

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patients.

December also marked the final couple of editions of our **"Understanding AI" webinar** that presented complex technical content in an understandable and engaging way. With this we aimed to equip the European patient community with the necessary know-how. All the recordings and reports are available as of now!

As Kaisa Immonen, EPF's long-standing Director of Policy, is preparing for a new and exciting professional journey, we are getting ready to welcome a **new team member** to take on the role of Head of Policy. If you are the right person for the job, scroll down and find out more details.

The **EPF Youth Group** has met face-to-face in Brussels for their annual meeting. The Youth Group members discussed their plans and for the upcoming year. They promise exciting projects for 2023.

Speaking of **projects**: this month brought a lot of news from our Projects team. The Label2Enable project has published a survey aimed to study the use of health apps. We have also launched the second season of the Periscope Talks. Joining us for the first episode of this season is Janina Steinert PhD, from the Technical University of Munich. While we reflect on the finalisation of the COMPAR-EU project, we are excited to welcome Data Saves Lives Germany.

It has been a celebratory month for our **members** too. We are happy to bring COPAC and Mental Health Europe to the spotlight, as they have exciting achievements to share. At the same time, World Duchenne Organization, Europa Donna, World Federation of Incontinence and Pelvic Problems, Alzheimer Europe, and EUFAMI are wrapping up this year with meaningful events.

On behalf of the EPF team, we hope you enjoy a holiday season filled with many good moments and time well spent with loved ones.

Keep an eye out for the newest EPF updates on our social media channels:

[Facebook](#) | [Twitter](#) | [LinkedIn](#) | [Anchor](#)

See you in 2023!

The EPF team

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Policy and Advocacy Corner

*discussing the most relevant patient-centered
policy and advocacy issues*

December in Review

Digital health was the focus of our early December. It began with the publication of our **position statement** on the **European Health Data Space** (EHDS) proposal and our 19 proposed **amendments** to the Regulation, ahead of discussions by co-legislators early next year. Trust, transparency, meaningful patient engagement, security, and data protection are elements that will impact the success of EHDS and we therefore urge the co-legislators to include them in the regulation from the start.

We also took part in the EMA's Big Data Stakeholder Forum on 1 December to discuss big data and stakeholder engagement and collaboration. Marco Greco, President of EPF, gave introductory remarks focusing on the digital transformation of healthcare and EPF's work in this regard. He acknowledged that the proper use of health data can improve the sustainability of health systems, increase quality, safety and patient care, reduce costs and transform care into a more participatory process. However, he stressed that only by including the patient voice in the discussion can health systems meet the needs of patients while harnessing innovation to ultimately provide better care for all.

With emerging reports of disruptions in the **availability of many medical devices in the EU**, the implementation of the Medical Devices Regulation has been at the centre of discussions. We have issued a **call for action** to ensure patients' continued access to safe and quality medical devices across the EU. EPF calls on the Commission and Member States to take urgent action that prioritises patient safety and addresses actual and potential shortages of medical devices. Patient organisations must also be involved in regular dialogues to ensure a rapid flow of information and regulatory attention to any emerging patient concerns. Following the Commission's proposal to delay the date of application of the new medical device rules by at least three years, we will be keeping an eye on the changes to the Medical Devices Regulation which are scheduled for early next

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Finally, we have published our [analysis of the 2022 cycle of the European Semester](#), which is a cycle of coordination of economic, fiscal, social and labour policies in the EU. The aim of our report "Health in the European Semester 2022" is to provide an overview of the health-related aspects of the European Commission's European Semester 2022 process and to explain its main elements, its timetable and why it is relevant for the patient community represented by EPF.

In the report, EPF welcomes the increased focus of the national reports on health/healthcare and the UN Sustainable Development Goals in the 2022 edition of the European Semester Spring Package. We consider this to be a step in the right direction, in line with the agenda of European citizens, who want the EU to do more in these areas. With this in mind, EPF members should review the documents available for their own country, and if there are any discrepancies with the assessment of their health system performance, they should raise these with the responsible authorities they work with in their national government, such as Ministries of Health.

Join the

Health Technology Assessment Stakeholder Network

Deadline for applications is on **17 February 2023**

Join the Health Technology Assessment Stakeholder Network!

The European Commission is launching a **call for applications to select members of the Health Technology Assessment (HTA) Stakeholder Network**, supporting the work of the Member State Coordination Group.

This HTA Stakeholder Network is a requirement of the Regulation (EU) **2021/2282** on health technology assessment (HTAR) which aim is to make it easier for Member States to assess the effects of new health technologies and their pricing on health policies. From primary research on patient involvement in HTA to advocacy around the EU HTA Regulation, EPF has been heavily involved in this area. Mandatory and meaningful involvement of the patient community in the HTA process, including the selection of technologies to be assessed, is necessary to ensure that HTAs are conducted in the interest of patients.

It is therefore of utmost importance that patient organisations are part of the HTA Stakeholder Network. The Network will be involved in the activities of the HTA Coordination Group, which will coordinate joint work on HTA and adopt methodological and procedural guidance documents for joint work. For example, the Network will

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patient organisations can apply, as well as consumer organisations, health non-governmental organisations, health technology developers and health professionals. They must meet the six following criteria:

- established as a non-profit legal entity in the EU/EEA;
- registered in the EU transparency register;
- currently or in the future engaged in HTA development;
- have expertise relevant to EU HTA cooperation;
- geographically cover several EU/EEA Member States;
- have communication and dissemination capabilities

If you are interested in joining the HTA Stakeholder Network, please find all the information on [how to apply here](#). The deadline for applications is **17 February, 17:00 CET**.



NEW EU4Health call
Operating grants
for NGOs

Deadline
31 January 2023, 17.00 CET

#HaDEA #EU4Health #HealthUnion

European Commission

Opening for proposals approaching | New EU4Health call: Operating Grants for NGOs

HaDEA has launched a call for proposals for operating grants under the EU4Health programme, aimed at non-governmental organisations (NGOs).

Health NGOs play a major role in:

- Bridging the gap between institutions and patients.
- Facilitating communication between EU countries and the EU institutions.

The work of the beneficiaries is expected to contribute to one or more **specific objective(s) of the EU4Health programme**.

Through the operating grants, the non-profit organisations will work to:

- Increase health literacy and health promotion.

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- Further facilitate communication with patients.

Proposals can be submitted as of **8 December 2022**. The total budget amounts to **€9 million** and the deadline for applications is **31 January 2023, 17.00 (CET)**.

The call for operating grants is the first action launched by HaDEA under the **2023 EU4Health work programme**, which was adopted by the European Commission on 21 November 2022.

[Head to the call's webpage for more information!](#)



News From the Secretariat

updates from the inside



MONTHLY ROUNDUP



Our agendas are usually very busy! We attend various policy and stakeholder events during which we voice the patient perspective.

Here are some highlights from our work on patient engagement:



• 2 December: **Anca Toma** joined **H2O's** "Unleashing Data in Digital Health: Launching H2O Observatories" for the panel discussion on integrating H2O in healthcare systems' future: "By incorporating patient outcomes into healthcare decision-making, we can gradually go towards a model of patients and their healthcare providers working together in deciding how to move ahead in care pathways."

• 5 December: **Anca Toma** spoke in a panel on the way forward for global access to new and effective antibiotics and the role of the EU. This panel was part of **European**

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29 November: **Kaisa Immonen** joined **EHMA - European Health Management Association's** white paper launch event in the European Parliament, covering the patient's perspective in digital medication management: "Digital medication management can have huge benefits for patient safety and health systems. Especially when it comes to AMR, gaining a clear understanding of use patterns, while ongoingly pushing for citizens' control over their data within the EHDS, is key."

5 December: **Kaisa Immonen** joined WHO Regions for Health Network and **EUREGHA's** joint conference "The Role of Regions Towards Future-proof, Resilient and Connected Health Systems" in a session on value based healthcare, underlining that patients and citizens should be considered active agents and partners of care.



2 December: **Valentina Strammiello** joined a roundtable at the H2O event on patient-centred partnerships: "In bringing the EHDS to life, patient involvement's meaningful impact starts in the early stages of decision-making. Trust, transparency, security, and data protection are essential."

13 December: **Valentina Strammiello** joined the Athens-held Health Policy Congress on "Sustainability and Resilience: Securing the Future of Health Systems" to discuss developments and the patient perspective in the EHDS and meet with representatives of the patient community.



29 November: On day two of **PharmaLedger's** closing event, **Hannes Jarke** delivered a speech, bringing the patient's perspective to the table in conversations on blockchain enabled healthcare: "Despite advancements, many people are still being sent home with inexplicable conditions. Facilitating patients joining in clinical trials by creating a secure and centralised recruitment system could give us the tools to do better."

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Understanding AI Series | Webinar 5: Patients, Healthcare Professionals, and AI

The fifth webinar from the "Understanding AI" series took place on the 2nd of December. This final webinar of the series reflected on the possible implications of AI on healthcare delivery: healthcare professionals' use of AI-supported technologies, their impact on care such as liability and safety aspects, psychology and the patient-provider relationship, and whether AI can bring greater value for money (health system sustainability). The speakers, alongside the participants, considered how this will impact collaborative care with patients, the challenges of health literacy, as well as the need for upskilling of professionals.

The session was moderated by Kaisa Immonen, EPF's Director of Policy, who kicked off the meeting by summarising our work on AI.

Ildikó Vajda (Senior Policy Officer Digital Health, Netherlands Patient Federation) invited the audience to reflect on AI's effects on the patient professional relationship, the possible consequences, dilemmas, and the need to 'organise' trust.

Complementary, Toni Andreu (EATRIS Scientific Director) shed light on the impact of AI supported technologies on healthcare provision.

If you missed the webinar series or would like to rewatch the discussions, you can head to our Youtube channel, where you will find the [full recordings](#).

As part of our work on AI, we commissioned two reports to further explore the topic:

AI IN HEALTHCARE AND THE PATIENT'S PERSPECTIVE: REPORT

ARTIFICIAL INTELLIGENCE IN
HEALTHCARE FROM A PATIENT'S
PERSPECTIVE



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WWW.EU-PATIENT.EU/AI-KNOWLEDGEHUB

AI IN HEALTHCARE AND THE PATIENT'S PERSPECTIVE: REPORT

THE CURRENT STATE OF EU POLICY
AND LEGISLATION ON AI IN
HEALTHCARE



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Patients Forum to understand the opportunities and challenges of deploying AI in health from a patient perspective. It surfaced views from eighteen AI deployment actors across Europe, disease conditions and advocacy priorities. Findings clustered around four themes: experiencing AI, understanding AI, patient involvement, and deployment challenges.

[Read the full report here.](#)

The 'Understanding AI' webinar series aims to present complex technical content in an understandable and engaging way to equip the European patient community with the necessary know how to shape and present the patient perspective on the new and increasingly important AI policy topics that are becoming an important field of policy discussions both at European and national level. Watch the recording of the webinar here.

This project has been supported by the European AI Fund, a collaborative initiative of the Network of European Foundations (NEF). The sole responsibility for the project lies with the organiser(s) and the content may not necessarily reflect the positions of European AI Fund, NEF or European AI Fund's Partner Foundations'.

Patients Forum to understand the current state of European policy and legislation as it pertains to artificial intelligence (AI) in healthcare. The research involved in-depth interviews with AI policy experts and deployment actors in healthcare, webinars with patient advocates organised by EPF, and a micro survey informing the interviews.

[Keep reading here.](#)

CALL FOR ACTION

Ensuring patients' continued access to safe, high-quality medical devices across the EU

[READ OUR STATEMENT](#)



EPF's call for action on MDR

This month, we issued a call for action to ensure patients' continued access to safe, high-quality medical devices across the EU. The European Patients' Forum is concerned about emerging reports of disruptions in the availability of many medical devices in the EU. The EU Medical Devices Regulation (2017/745) will become applicable on 26 May 2024, when devices on the market must comply with the MDR.

The withdrawal of some devices from the market threatens the safety and continuity of care. If a needed medical device is not available when the patient needs it, this can have life-threatening consequences.

Read the entire statement and our call for action [here](#).

A large, light green network graphic composed of numerous interconnected nodes and lines, forming a complex web-like structure that serves as a background for the text.

EU4Health Civil Society Alliance JOINT POSITION PAPER



EPF co-signs the EU4Health Civil Society Alliance joint position paper

Building on the call by Civil Society Europe for an EU Civil Society Strategy and following

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meaningful and systematic engagement of health civil society organisations (CSOs) in EU policymaking processes.

[More information is available here.](#)



NEW VACANCY | Head of Policy

Our Head of Policy leads a talented and motivated policy team, works across the entire organisation to ensure impact, and contributes to the strategic planning as member of the Senior Management Team, while steadily developing EPF's policy and advocacy work.

Is this your role? We would love to hear from you. The deadline for the Head of Policy position is **22 January 2023**.

[Learn more about the role and the application process.](#)



A Reflection on our Youth Group Fall Meeting

By Cornelia Păuna and Anastasia Semaan

At the end of November, our Youth Group members met face to face in Brussels for our annual Fall Meeting. This was the first face to face Fall Meeting for many of our members

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projects heading in the new year. It was great to not only set our goals, but also to reflect on our individual honesty about our feelings within the group and on our overall dynamic.

What we discussed:

During the Fall Meeting we were able to adequately divide our time between planning and preparing for the new year and leisure time, as we value both within our group. We were able to plan our final project for our Sexual Health and Wellbeing project which will take place in February 2023, and which we are very excited to share. We recommend you keep an eye on our social media platforms and this newsletter for future sneak peaks!

We also took the time to plan for our next project and we were able to conclude that we will focus on further developing our youth group networking project. The overall aim is to help patient organizations establish a youth group and gain an insight on why some patient organizations have or do not have a youth group and why. Ultimately the role and voice of young patients is at the heart of everything that we do, so through this project and also by attending different events in 2023 to present our youth perspective, we hope to promote and achieve this.

In addition to these projects we also discussed different face to face events and opportunities that we have been asked to attend and as a team discussed who wanted to attend which events. We are very excited about what 2023 brings, including attending the EPF AGM Conference and helping to establish the topic for this year's STYPA training. Furthermore we took time to establish key next steps and tasks that need to be completed and as a team we divided and delegated them between us all. Doing this as well as holding our very valuable Honesty Round time, chatting over meals and playing fun games brought us closer together and gave us the space to clearly envision where we hope to go in 2023 as a team, and further our bond and connection.

Next steps and conclusions:

This Fall Meeting we've managed to conclude on our last event for the Sexual Health and Wellbeing project which was the highlight of the meeting. The purpose of the last event is to tackle Sexual Stigmas around young chronic patients, event that will be online on February 9th.

Being at the end of the year and the end of a project, it was important for us to also set the goals for next year, which we did in the second half of the meeting, by working on the timeframe and next steps.

Overall we believe it was a very productive weekend where we also got the chance to meet again face to face and better connect, as we all noticed by now how important that is. Unfortunately this meeting was also the last one for one of our members, who said her goodbye in the previous newsletter.

As a Youth Group we will take some time over the holidays to rest and recharge our batteries and we are excited to come back in 2023 ready to tackle our next steps. To see what we are up to keep following our social media platforms and reading our column in each monthly newsletter.

Happy Holidays from the EPF Youth Group!

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Projects Portal
briefings on EPF's ongoing projects



COMPAR-EU's Final Advocacy Conference was a success!

The European Patients' Forum hosted the **COMPAR-EU Final Conference Advocacy Event**, to mark the end of the project.

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[WORK](#) to identify, compare, and rank the most effective and cost-effective self-management interventions for adults in Europe living with high-priority chronic conditions. The conference took place on 15 & 16 November, 2022, in Brussels, Belgium.

It gathered approximately 70 stakeholders who exchanged experiences and expertise on self-management (SM) best practices, shared lessons learned from implementation of SM policies, and discussed how to best integrate and incorporate the project's findings across various settings. Other topics, like the [Self-Management Europe Initiative](#), project lay-language materials, and self-management policy implementation practices were also feature in the programme.

"Self-management does not mean leaving patients on their own when handling the challenges that come with their chronic conditions. To the contrary – it means giving patients the tools and support for them to be in charge of their lives and to be empowered and enabled to live with their conditions," said Valeria Ramiconi, Programme Manager of the [European Federation of Allergy and Airways Diseases Patients' Associations](#) (EFA), in her keynote speech.

[Lyudmil Ninov](#) joined a session on the Self-Management Europe initiative and patient involvement, while [Kaisa Immonen](#) led an important session on health literacy and the social determinants of healthcare. [Valentina Strammiello](#) opened and closed the event, and guided discussions.

An important conclusion? Having self-management plans and procedures in place should be strongly encouraged in order for these to become an integral part of healthcare systems across Europe.

[Read the last project newsletter here.](#)



It's official, Data Saves Lives Germany #DSLDE has finally landed!

We're delighted to announce that [Data Saves Lives Germany](#) #DSLDE has just launched, providing patient organisations, within the region, with a dedicated hub to access the information and materials they need to have a positive dialogue about health data with their communities.

The mission of [Data Saves Lives](#) is to build awareness and understanding of health data and how it can be used to improve the health and well-being of people in Europe. Launching in 2018, the campaign has gone from strength to strength - exploring societal questions about the uses of health data and supporting stakeholder dialogue. Data Saves Lives has grown to become an established and trusted voice among patient communities across Europe.

DSL Germany is the first offshoot of this campaign and it's fantastic to see the guiding

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and bring the benefits of health data to more people.

Please show your support by following and sharing their [Twitter page](#) and [Instagram page](#) with your network, and check out the new [DSL DE website here](#).



The EU Patients' Podcast - The PERISCOPE Talks. Season 2, Episode 1

We're back with the **PERISCOPE Project** Talks mini-series. In this episode, we're discussing COVID-19 vaccine hesitancy across Europe.

Vaccination is a highly effective public health tool that has considerably reduced the global burden of infectious diseases. In the context of the COVID-19, vaccines have proved to be a successful tool to help fight the pandemic, saving numerous human lives.

However, even though the COVID-19 vaccine has immense economical and public health benefits, it was it was reluctantly received in some European countries.

To shed some light on this complex topic, Janina Steinert, PhD (Assistant Professor at Technical University of Munich), together with fellow researchers, conducted a study on vaccine hesitancy.

She's joining us for this podcast episode to discuss the results of their research.

[Listen to the full episode here.](#)

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Do you use any type of health app - e.g. for activity, health monitoring or nutrition?

DO YOU USE HEALTH APPS OR NOT?

Funded by the European Union

Label2Enable survey now published

The **Label2Enable project** has published a survey for Survey for European patients, informal caregivers and citizens. The survey aims to study health app use, adoption, trust and preferences across the European Union.

The survey is available in 26 languages, and consists of 11 questions, lasting approximately 5 minutes to complete.

Label2Enable is a Horizon Europe project which aims to promote the **ISO/TS 82304-2** health app assessment framework and label to support the development and implementation of an EU quality label for health and wellness apps. Learn more about EPF's involvement and the impact for patients **on our dedicated site**.

Would you like to share your experience, and support the EU project Label2Enable find out about health app use in the EU?

Take the survey at this link!

Member Focus
highlights from our member organisations

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Duchenne Patient Academy 2022 successfully concluded

December 8, 2022 – Duchenne Patient Academy successfully concludes 2022 edition. The **World Duchenne Organization** and Duchenne Data Foundation organized another highly anticipated **training for patient advocates**. Duchenne Patient Academy provides training and education opportunities for people involved in patient advocacy for people living with Duchenne and Becker Muscular Dystrophy (DMD and BMD).

The 2022 edition took place online, convening over 70 attendees from 43 countries over the span of three days. The program consisted of 6 sessions, each co-developed by experts in their respective fields. Dedicated panel discussions were moderated by the key speaker, guided by the participants’ questions and comments.

Duchenne Patient Academy is a collaboration between the World Duchenne Organization and Duchenne Data Foundation. Upon the launch of the first edition in 2018, Duchenne Patient Academy has trained over 500 patient advocates from 55 countries. Over the course of multiple days, patient representatives receive training and education on how to successfully advocate for people living with dystrophinopathies.

[Learn more about the discussions and the training sessions!](#)



EBCC 13 in Barcelona was a huge success

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scientists, researchers, clinicians, patients and patient advocates to further multidisciplinary collaboration for progress in breast cancer.

The uniqueness of this Event is that **EUROPA DONNA** – The European Breast Cancer Coalition is equal partner in co-organising and hosting the Conference with the historical European medical societies EUSOMA and EORTC. Their collaboration ensures a truly multidisciplinary approach and special attention to the perspective of patients which is carefully included in scientific sessions as well as in special sessions hosted by EUROPA DONNA which are dedicated to patients, their unmet needs, their rights and a dedicated focus on the special angle that true patient-centricity should always reflect.

This year the conference welcomed more than 1725 participants from some 78 countries, with more than 1450 people attending in person.

Europa Donna President and conference co-chair Tanja Spanic presented the EBCC13 Arts and Humanities Prize – an award that recognizes an outstanding contribution to the arts/humanities and which has a direct relationship to the fight against breast cancer. This year's prize was awarded to Nikol Pazderová for her book "*You are Not Alone -- A Guidebook to Breast Cancer*".

The programme offered breast cancer specialists and patients up to date information on all areas of breast cancer management. A recurring theme at the event was the potential for risk identification and stratification, whether in screening, prevention or therapy. As mentioned before, many talks provided the patients' and caregivers' perspective, with several sessions dedicated to very relevant topics including survivorship, impact of Covid-19 on breast cancer patients, primary prevention and reducing breast cancer risks and of course the implementation of Europe's Beating Cancer Plan.

The EBCC13 Manifesto was dedicated to best practices for contralateral prophylactic mastectomy, given the concern about requests for this procedure from women with low risk. The Manifesto has nine recommendations, many focused on effectively communicating and informing patients about realistic risks. Europa Donna's President Tanja Spanic and Vice-President Fiorita Poulakaki were on the discussion panel. The full Manifesto and recommendations are expected to be published in a peer-reviewed journal in the coming months.



WFIPP took part in the P-Word Project meeting at the EP in Brussels

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Tomislav ŠOKOL. The focus of the meeting was how to deal with incontinence issues, not only in relation to prostate and bladder cancer, but also to a sustainable continence care methodology.

As read in the article on the event:

"The event was a collaboration between the European Association of Urology and members of its Patient Advocacy Group, namely Europa Uomo, the World Bladder Cancer Patient Coalition (WBCPC), and the World Federation of Incontinence and Pelvic Problems (WFIPP), along with key partners, the European Cancer Organisation and Eurocarers. The aim of this policy discussion was to raise awareness of the important impact that these conditions can have on physical, mental and emotional well-being of cancer patients and also those of their families and carers, following the ["The 'P' Word"](#) publication."

Keep reading [here](#).



Alzheimer Europe met online with the European Group of Governmental Experts on Dementia for the final meeting of 2022

13/12/2022: The European Group of Governmental Experts on Dementia has met online, holding its final meeting of 2022, exchanging information and knowledge on the latest developments on dementia policy and practice.

From Alzheimer Europe's news release:

"The meeting was attended by representatives of 16 countries: Austria, Belgium (Flanders), Bulgaria, Czech Republic, Finland, Germany, Iceland, Israel, Latvia, Luxembourg, Netherlands, Norway, Poland, Slovenia, Switzerland and the United Kingdom (Scotland). Representatives from the European Commission (DG SANTE), the Organisation for Economic Cooperation and Development (OECD) the World Health Organization (WHO) and WHO Europe were also present.

Belgium (Flanders) shared how they had approached the issue brain health, noting that a growing body of evidence (including the Lancet Commission on dementia) suggested that modifiable risk factors could account for up to 40% of dementia diagnoses.

An outline was provided of the recent "2voordeprijs1" (two for the price of one) campaign, in which the Flemish Dementia Expert Centre worked with other public health stakeholders, to raise awareness amongst the public about how actions to support good heart health were also beneficial for the brain."

Interested to keep reading? [Follow this link to learn more!](#)



EPF European Patients Forum

members in the spotlight!

MEMBERS' UPDATES

New! EPF kicks off a series putting our members' news centre-stage, celebrating wins, highlights, and notable moments. This is an overview of the most recent social media appearances, from the feeds to your inbox.

Congrats to EPF member COPAC on their presidential merit award!

On 28 November, COPAC (Coalition of Organisations for Patients with Chronic Diseases in Romania) was granted a presidential merit award by Romanian president Klaus Iohannis for their "permanent dedication to promote social solidarity". Wonderful news!

COPAC represents the patient perspective in dialogues at both the national and local level, and works towards improving access to information for patients with chronic diseases.

Mental Health Europe looks back on busy and exciting two weeks in December

Some important updates coming from EPF member Mental Health Europe (MHE). This month, MHE met with Commissioner Stella Kyriakides discussing the EU approach on mental health. This was followed by meetings with Commissioner Helena Dalli and Vice-President Dubravka Šuica, with a focus on discussions about the mental health initiative announced in the SOTEU speech last September.



Health at a Glance: Europe
Health at a Glance: Europe 2022
 State of Health in the EU Cycle
 more info: <https://doi.org/10.1787/507433b0-en>

EUFAMI Position Paper on Coercive Practice in Mental Health Services

Coercive practice, such as involuntary admission, seclusion, restraints and forced

Health at a Glance: Europe 2022 - Read OECD's recently published report

This new edition of "Health at a Glance: Europe 2022" reviews key challenges to

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Compulsory treatment in the community is used in some countries. The rates of involuntary hospitalisations in Europe differ between countries.

EUFAMI believes that coercive practice, even when used as a necessary last resort based on national law, is essentially the failure of mental health services to respond with non-coercive alternatives.

Coercive practice should only occur as a last resort in circumstances when no less restrictive alternative will respond adequately to the risk of physical harm to the person themselves or others.

Read the full paper on EUFAMI's position on Coercive Practices in Mental Health Services, [here](#) or via EUFAMI's website [here](#).

focus is put on the impact of the pandemic on young people's mental and physical health. The report also assesses the pandemic's impact in disrupting care for non-COVID patients and the policy responses to minimise adverse consequences.

[Read the full report.](#)

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